**EDUCATION**

**University of Michigan School of Public Health**  **Ann Arbor, MI**

*Master of Public Health in Nutritional Sciences* May 2019

**Stockton University** **Galloway, NJ**

*Bachelor of Science in Biology* December 2016

* Minor in Chemistry
* Graduated from the Educational Opportunity Fund Program (Fall 2012)

**NUTRITION RELATED EXPERIENCE**

**Louis Stokes Cleveland Veteran Affairs Medical Center Dietetic Internship** **Cleveland, OH** *Dietetic Intern*  August 2019- Present

* Completed over 1200 hours of supervised practice in Medical Nutrition Therapy, Foodservice Systems Management and Community Nutrition in accordance with practice areas of Registered Dietitians.

**Cooking Matters for Kids** **White Lake, MI**

*Nutrition Instructor*  February 2019- April 2019

* Discussed strategies on how to incorporate nutritionally dense foods into daily diet with over 15 elementary aged students to improve meal selection for low income families
* Instruct tailored weekly lessons that create an intellectually engaging atmosphere for elementary students

**Eastern Michigan University**  **Ypsilanti, MI**

*Sports Nutrition Intern* May 2018-August 2018

* Analyzed food intakes for over 600 student athletes across 17 sports to assure adequate caloric intake
* Developed a presentation regarding how student athletes can improve overall food intake whilst reducing spending resulting in athletes improved nutritional status

**Ypsilanti Meals on Wheels**  **Ypsilanti, MI**

*Volunteer*  August 2017-December 2017

* Counseled 10 elderly participants weekly to provide companionship to isolated individuals improving food access and their mental and physical well-being
* Maximized efficiency through creating improved volunteer driver routes to decrease transit time

**FOOD SERVICE EXPERIENCE**

**CentraState Healthcare System** **Freehold, NJ**

*Diet Clerk*  Mat 2019-August 2019

* Provided basic nutrition education to patients, documenting care to patients in the medical record, under the direction of the Registered Dietitian
* Assisted patients in completing menu selections in compliance with prescribed diets as assigned by a dietitian

**Club Demonstration Services** **Morganville, NJ**

*Sales Advisor*  June 2014-August 2017

* Educated club members on ingredient lists and preparation methods for a variety of different products resulting in improved ability to engage customer interest and increase sales
* Achieved daily sales goals for over four consecutive months leading to increased company capital income

**MENTORING EXPERIENCE**

**Brain Balance of Cherry Hill**  **Mt. Laurel, NJ**

*Sensory Motor Intern* September 2016- December 2016

* Mentored children with developmental or learning issues such as ADHD, dyslexia, Asperger Syndrome, etc. through series of balance, vestibular, and vision exercises to improve sensory and motor systems.

**SKILLS & LANGUAGES**

* **Software skills:** HTML, CSS, JavaScript, Bootstrap V3.3.7 & Bootstrap 4, SPSS, JMP, Affinity Designer, Affinity Photo, InVision Studio
* **Language:** Spanish (fluent)
* **Certifications:** ServSafe, NASM-CPT